Subject | Year 7 Physical Education – Semester 2
Teacher(s) | Britt Westley, Megan Crump & Jared Daly

Course Content:

Students enhance their sense of self and group identity through the development and application of specialised movement skills in an increasing variety of preferred physical activities, individually and in teams. Units of work studied include athletics, and a range of bat, net and invasion sports. Evidence of success includes participation, development of skills and theory components.

PRACTICAL UNITS

Student will undertake all of these units during the year

1. ATHLETICS: PRACTICAL ASSESSMENT (RECORDINGS OF DISTANCES AND TIMES, RUBRIC) individual
2. T-BALL/SOFTBALL: PRACTICAL ASSESSMENT (RUBRIC) group, individual
3. KORFBALL: PRACTICAL ASSESSMENT (RUBRIC) group, individual
4. SOCCER: PRACTICAL ASSESSMENT (RUBRIC) group, individual
5. BASKETBALL: PRACTICAL ASSESSMENT (RUBRIC) group, individual
6. VOLLEYBALL: PRACTICAL ASSESSMENT (RUBRIC) group, individual
7. MINOR COOPERATIVE GAMES: PRACTICAL ASSESSMENT (RUBRIC) group, individual
8. FITNESS AWARENESS: (FITNESS TESTING, GROUP DISCUSSION) group, individual

* refer to assessment middle school HPE assessment rubric

Assessment

PRACTICAL LEARNING OUTCOMES:

Each practical unit will be assessed using our Practical Assessment Rubric which covers the following. The students will be given their rubric at the end of each of their units.

- Skill development and acquisition
- Knowledge of techniques, rules and game strategies
- Understanding of fitness and how it relates to each specific sport and demonstration of satisfactory level in this sport
- Demonstrates positive social interactions with others in group and team situations
- Respects equipment and ensures the safety of themselves and others

THEORY

There are no set theory tasks in Year 7 however, students may complete short written task that clarify and increase student’s knowledge of the sport and fitness which they may get a bookwork mark for.