Subject | Year 10 Physical Education – Semester 1
Teacher(s) | Anne Merritt

**Course Content:**
Students develop communication, teamwork and leadership skills through the 'Fit to Lead Program’ which involves small groups planning, running and evaluating a short sport unit to a group of younger students. Students are also involved in a Sport Education unit where they take on various roles in organising and running a competition.

**Assessment**
Number of Summative Assessments for this year = 5

<table>
<thead>
<tr>
<th>Test</th>
<th>Inquiry Project</th>
<th>Research Assignment</th>
<th>E Product Assignment</th>
<th>Practical</th>
<th>Oral</th>
<th>Student workshop</th>
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<tbody>
<tr>
<td>Directed Investigation</td>
<td>Other</td>
<td>Self- Assessment (Reflection)</td>
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1. **BEGINNING COACHES GENERAL PRINCIPLES COURSE ONLINE**  
   (group  individual)
2. **FOLIO: COACHING THEORY AND APPLICATION**  
   (group  individual)
3. **PRACTICAL/THEORY - COACHING YEARS 5&6 (RUBRIC)**  
   (group  individual)
4. **SPORT EDUCATION UNIT**  
   (group  individual)
5. **MODIFIED GAMES**  
   (group  individual)
6. **ISSUES ANALYSIS**  
   (group  individual)

**PRACTICAL LEARNING OUTCOMES**
- Ability to interpret specific concepts, ideas, strategies in a practical coaching context
- Demonstration of initiative, self-reliance, organisational skills and leadership
- Display interpersonal and collaborative skills
- Knowledge of techniques, rule and game strategies
- Successfully play a role other that of a player in a class run sporting competition

**THEORY LEARNING OUTCOMES**
- Completion of the Beginning Coaches General Principles Online Course
- Students demonstrate knowledge and understanding of the role and responsibilities expected of a coach
- Reflection and evaluation of coaching sessions
- Students demonstrate an understanding of the various roles required within a sporting competition
- Reflection and evaluation of roles played in the Sport Education Unit