**Subject** | **Stage 2 Physical Education – FULL YEAR**
---|---
**Teacher(s)** | Anne Merritt

### Course Content:
Students develop physical skills, knowledge and positive attitudes towards selected physical activities which allows for individual and group success. The sound base of knowledge acquired will allow students to make informed choices on issues related to their health, fitness, lifestyle and related issues in sport. Units of work studied include lawn bowls, aquatics, badminton, as well as the principles and issues of physical activity.

### Assessment

<table>
<thead>
<tr>
<th>Test</th>
<th>Inquiry Project</th>
<th>Research Assignment</th>
<th>E Product Assignment</th>
<th>Practical</th>
<th>Oral</th>
<th>Student workshop</th>
</tr>
</thead>
<tbody>
<tr>
<td>Directed Investigation</td>
<td>Integrated task</td>
<td>Other</td>
<td>Self-Assessment (Reflection)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1. LAWN BOWLS ASSESSMENT (RUBRIC)  
2. BADMINTON PRACTICAL ASSESSMENT (RUBRIC)  
3. AQUATICS PRACTICAL ASSESSMENT (RUBRIC)  
4. ISSUES ANALYSIS ASSESSMENT (RUBRIC)  
5. INTEGRATED TASK 1: EXERCISE PHYSIOLOGY  
6. INTEGRATED TASK 2: TRAINING & EVALUATION OF PHYSICAL PERFORMANCE  
7. INTEGRATED TASK 3: SKILL DEVELOPMENT & PSYCHOLOGY OF LEARNING  
8. INTEGRATED TASK 4: BIOMECHANICAL & SKILLED PERFORMANCE

#### PRACTICAL LEARNING OUTCOMES
Each practical unit will be assessed using Performance Standards for Stage 2 Physical Education
- Proficiency in the performance of the physical activities with reference to specific skill criteria
- Ability to interpret specific concepts, ideas, strategies in a practical context
- Demonstration of initiative, self-reliance and leadership in practical activities
- Display interpersonal and collaborative skills in team situation

#### THEORY LEARNING OUTCOMES
- Students critically analyse and evaluate a current sporting issue relevant to local, regional, national or global communalities
- Students evaluate, and demonstrate knowledge and understanding of exercise physiology, skill development, energy systems, training methods, psychology of learning and biomechanics as it relates to physical activity
- Use informant from different sources, with appropriate acknowledgement
- Students evaluate the relevance of principles and concepts in a given situation