### Course Content

In Outdoor Education students gain an understanding of ecology, environmental sustainability, cultural perspectives and physical and emotional health through participating in outdoor activities. Students develop skills in risk identification and management and reflection on environmental practices.

### Stage 1 Outdoor and Environmental Education consist of the following four topics:

**Environment and Conservation** - In this topic students develop an appreciation of the value of the natural history and culture of natural environments.

**Planning and Management** - In this topic students develop basic skills in planning and implementing outdoor activities and lightweight journeys.

**Outdoor Activities** - In this topic students develop the basic skills that they will need to participate safely and effectively in outdoor activities or an outdoor journey.

**Outdoor Journey** - Students will undertake a three-day bushwalking journey exploring the Flinders Ranges.

The student can negotiate alternative arrangements with their teacher if they are unable to undertake the three-day journey, so that the student can complete the equivalent of the three-day journey.

The emphasis is on safe travel, minimum impact on the environment, group skills, and personal growth. Students use their skills to plan, conduct, and evaluate their three-day lightweight journey.

### Assessment

- Assessment Component 1: Outdoor Activities and Journey (60%)
- Assessment Component 2: Folio (20%)
- Assessment Component 3: Environmental Research Report (20%)

### Outcomes

At the end of the program in Stage 1 Outdoor and Environmental Education, students should be able to:

1. demonstrate the application of skills for participating in human-powered outdoor journeys or journeys that use natural forces;
2. evaluate and communicate information about the natural environment and outdoor journeys;
3. demonstrate responsibility for themselves and for other members of the group in conducting safe and effective outdoor journeys;
4. identify and apply the appropriate risk management practices of the outdoor industry;
5. identify and apply the appropriate skills to minimise the impact of human-powered journeys on natural environments;
6. identify issues that concern the sustainable use of natural environments, including, for example, Indigenous perspectives;
7. reflect on the personal, group, social, and environmental outcomes of participating in an outdoor journey.