# Subject: Stage 1 Nutrition – Semester 1

## Course Content

### Investigation Follo

1. Snack food investigation. Students examine and extract information from labels of a snack food and compare brands and varieties within the Australian Dietary Guidelines using technology to produce graphs and tables in a word document.

2. Sensory food investigation. Students design an investigation collaboratively to test the effect of sensory responses to food selection.

3. Issues investigation. Students negotiate a suitable topic with the teacher to investigate an issue. Suggested general topic is factors influencing food choices.

### Skills and Applications Tasks

4. Test. Students learn and apply knowledge on nutrients and non-nutrients required by the body to function.

5. Models of nutrition assignment. Students analyse and draw conclusions about diets using various diet models.

## Assessment

Assessment will include a range of the following, both as individual and group tasks:

- Tests
- Practical investigations
- Assignments
- Research
- Folios
- Other tasks as directed by the teacher