## Eastern Fleurieu School 10 Home Economics (cultural perspectives)
### Outline 2013

Students will complete activities in each of Food and Textiles.

<table>
<thead>
<tr>
<th>WEEK</th>
<th>FOOD AND NUTRITION</th>
<th>WEEK</th>
<th>TEXTILES TECHNOLOGY</th>
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</thead>
</table>
| 11 - 13 | Hygiene and safe food handling Practises.  
- Costs to the industry when things aren’t right.  
- What does it mean? Personal hygiene, clean practises.  
- Safe food preparation and storage  
- FATTOM  
- Foods of high potential for food poisoning.  
- What about Food poisoning?  
- Detergents and Sanitisers  
- HACCP  
Assignment: Follow Health, Safety and Security Procedures  
Practical Danger Foods  
- Working with eggs  
- Chicken (HACCP) | 1 - 6 | Practical  
Make an apron which is appropriate for Kitchen or Front of House. Students to use pattern and fabric provided. The aim of this exercise is to make their apron and use it for the food component of this course.  
Using commercial patterns.  
- Taking measurements  
- Laying pattern onto woven fabric  
- Using the overlocker  
- Tacking  
- Care of cotton garments  
- Pressing with iron  
Critical analysis of the process and their achievement.  
Self –assessment.  
Complete Assignment *Fashion Trends*.  
Written media and oral presentation. |
| 14 - 20 | Working in the Hospitality Industry.  
What makes a good Industry worker?  
- Working in the kitchens and front of House  
- Dressing appropriately  
- Table setting /table service  
- Communication  
Appropriate foods and beverages for cafes: Menus for café  
- Soups  
- Cakes/slices  
- Biscuits  
- Sandwiches/baguettes/wraps  
- Hot food  
- Beverages  
- Coffee  
Consider plating, portion control, costing.  
Assessment tasks: Operate Cafe  
- Develop a product to sell  
- Marketing, costing, portion control, quality control  
- Students to work cooperatively in a group to run café. | 4 - 10 | Practical  
Make a fleece jumper.  
Using commercial patterns.  
- Taking measurements  
- Laying pattern onto stretch fabric  
- Using the overlocker  
- Care of fleece/polar fleece  
Critical analysis of the process and their achievement.  
Peer –assessment.  
Complete Assignment *Advertising/Caring for Fleece*.  
Written assessment. |

### SACSA FRAMEWORKS Links

**SACSA HPE:** 4.3 Investigates key ways in which groups and cultures contribute to forming identities.

**SACSA TECHNOLOGY:** 4.1 Explains the decisions and choices made in designed and manufactured products, processes and systems and explains alternative possibilities  
5.1 Defends and applies choices made in particular materials and equipment to create sustainable products process and systems.