

Key Contact List

LEADERSHIP TEAM

Principal R-12	Trevor Fletcher
Director of Secondary 7-12	Tanya Wilson
Assistant Principal 7-12	Penny Toy
Director of Primary R-6	Vikki McInnes
Assistant Principal R-6	Jo Garwood
Head of Campus	
Ashbourne R-6	David Hodges
Langhorne Creek R-6	Paul Jude
Milang R-6	Susannah Cook

STUDENT COUNSELLORS

Strathalbyn 7-12	Lisa Broadbent
Strathalbyn R-6	Annette Foster
Ashbourne, Langhorne Creek and Milang Campuses	Lyndall Codlin

ACEO

7-12 & R-6 Campus	Les Richey
R-6 Campus	Shaan Broadbent

YEAR LEVEL LEADERS 7-12

Year 7	Dan Green
Year 8	Emily Rodgers
Year 9	Stephen Rofe
Year 10	Vanessa Coker
Year 11	Alicia Prettejohn
Year 12	Penny Toy

If you would like further information please contact the school.

You may also find the following literature helpful.

- Friendly Schools
- www.headroom.com
- www.reachout.com.au
- www.bullyingnoway.com.au
- www.kidhelpline.com.au or
Kids Help Line Phone Number on 1800 551800



Eastern Fleurieu School R-12

Strathalbyn 7-12 Campus	85362 455
Strathalbyn R-6 Campus	85362 344
Ashbourne Campus	85366 135
Langhorne Creek Campus	85373 145
Milang Campus	85370 223

Email www.easternfleurieu.sa.edu.au

Policy review date Feb 2016

BULLYING. NO WAY!



Eastern Fleurieu School Information



EFS has the responsibility to provide a safe and secure environment, free from bullying, where students can learn, participate and enjoy their school life. We promote connectedness, fairness, consistency, respect for others, self esteem, honesty and cooperation. We believe that bullying is a relationship problem that requires relationship solutions.

We believe education reduces the incidence of bullying.



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of South Australia
Department for Education
and Child Development

Government of South Australia
Department for Education and

What is bullying?

Bullying is a deliberate psychological, emotional and/or physical harassment of one person by another, or a group of people. It is an abuse of power that occurs systematically and repeatedly. Bullying includes a wide range of conduct that causes another person to feel embarrassed, offended, hurt, humiliated, insulted, ridiculed, angry or afraid.

Cyber-bullying refers to bullying through information and communication technologies such as the internet and mobile phones.

Examples of Bullying

	<i>Direct</i>	<i>Indirect</i>
Verbal Abuse	Verbal insults Unfair Criticism Name Calling	Persuading another person to criticize or insult another Spreading malicious rumours Anonymous phone calls, emails, SMS
Gestural Abuse	Threatening or obscene gestures Menacing stares	Deliberately turning away or averting one's gaze to ignore something
Physical Abuse	Striking Spitting Throwing Things Using a weapon Touching someone and making them feel uncomfortable	Getting another person to assault someone Removing or hiding belongings
Group Bullying	Forming coalitions against someone	Persuading people to exclude someone

Student Procedure

If you are bullied DO NOT IGNORE the bullying, as this makes it worse.

First stop and ask yourself:

- What is the problem?
- What is happening?
- How do you feel?
- What do you want to happen?

Choose one of the steps below. If this does not stop bullying try another one.

- Tell the person or people that they are bullying and to stop the behavior. Walk away confidently.
- Talk to a school staff member.
- Talk to any adult or student you trust.
- Refrain from bullying others.
- Ring the Kids Help Line. Telephone: 1800 55 1800

If you have witnessed bullying behavior

Bystanders are spectators, witnesses or supporters who are present during a bullying incident. To encourage the bullying or to do nothing is also a form of bullying. When bystanders seek to discourage bullying behavior, bullying stops 50% of the time. As a witness you should:

- Tell the person who is bullying that their behavior is unacceptable.
- Support the person who is being bullied and request help from a teacher.
- Refuse to join in the bullying and walk away.

School Procedure

At Eastern Fleurieu School we believe the following **prevention, intervention** and **post-intervention** strategies should be implemented.

Prevention strategies include:

Lessons at the beginning of each year which identify:

- Bullying
- Issue for bullies, victims and bystanders
- Strategies for students to eliminate bullying
- Safe places in our school

Our bullying policy, consequences and students' role in making our school a bully free zone throughout the school.

Developing a common understanding of prevention strategies.

School Procedure continued

Using the appropriate resources to develop resilience skills and connectedness including:

- Positive thinking skills and attitudes
- Skills and beliefs related to resourcefulness and adaptively
- Social skills
- Emotional literacy
- Healthy self-esteem
- Quality environments

Teaching students about:

- Violence prevention
- Conflict resolution
- Anger Management
- Problem Solving
- Developing policies, which promote student safety

Teaching diversity, including

- Human behaviour
- Values
- Physical appearance

Intervention strategies include:

- Counselling students who bully and have been bullied.
- Talking with parents or caregivers about the situation.
- Participating in Restorative Conferencing.
- Teaching students to be better bystanders and support students at risk.
- Using school discipline procedures

Post-intervention strategies include:

- Monitoring the situation between the students to ensure that their safety and wellbeing are maintained.
- Talking with parents/caregivers about the strategies
- Reviewing the effectiveness of yard procedures.
- Reviewing and evaluating behaviour codes and policies.